



A publication of the Sahuaro Cougar Foundation, Incorporated 11/22/1992

Hall of Fame Inductees Announced

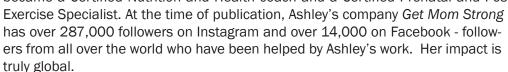


As summer begins to draw to a close, the Cougar Foundation begins an important task - the annual process of reviewing nominations for the Sahuaro High School Cougar Foundation Hall of Fame, which honors students, staff, alumni, and other members of the Sahuaro community who have demonstrated good citizenship, strong character, integrity, and who have contributed significantly to the Sahuaro and greater community.

Each year we are lucky to have a number of exceptional nominees and this year is no different - we are proud to announce the induction of **Ashley Nowe** (class of 2001), **Bill Hanson** (class of 1977), Coach **Jim Scott**, and Lieutenant Colonel **Marc Vielledent** (class of 2001) to the Hall of Fame. We are eager to honor the class of 2022 on November 5th (see page 3 for details) but in the meantime, please read more about them below.

Ashley Nowe, class of 2001

Ashley Nowe excelled in sports and academics while at Sahuaro, participating in softball, the National Honor Society, and led the business program. After graduating in 2001, she attended the University of Arizona. While there, she majored in Journalism and English and graduated with honors. After the birth of her twins, the always athletic Ashley found it challenging to get her body to feel strong again. She was diagnosed with *Diastasis Recti*, which is a separation of the abdominal muscles. Realizing during her recovery that there was a need for additional resources, Ashley became a Certified Nutrition and Health coach and a Certified Prenatal and Postnatal Corrective





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Bill Hanson, class of 1977

Before he was in law enforcement, retired Tucson Police Department Detective Bill Hanson was a member of the Sahuaro Varsity Track team which enjoyed incredible success, winning the Southern Division Relays championship two years in a row. After graduating from Sahuaro in 1977, Bill served in the United States Air Force and Air National Guard, where he earned a number of awards for his performance.



In 1990, Bill began his career in Law Enforcement - first as a deputy in the Mohave County Sheriff's Department SWAT team, then later returning to Tucson as a patrol officer. He was promoted to the rank of Detective in 1998 and worked on many types of criminal cases. He has appeared on A&E's television programs *The First 48* and *After the First 48* and earned many awards including Officer of the Year. Since retirement, he has authored a children's book with all proceeds going to children's charities. He consults with police departments across the country and hosted webinars on various criminal investigation subjects.

continued on the next page >

Hall of Fame Awards 11/05/2022 - see page 3 > **Reunion Information**on sahuarocougars.org - see page 2 >

Coach Jim Scott

Jim Scott began his teaching career in 1969 and began coaching at Sahuaro in 1986. Coach Dick McConnell, who knew Jim from his time coaching at Magee Middle School, encouraged him to take the job. Jim was eager to learn from Coach McConnell - his first season coaching Freshman Girls' basketball was a successful 16-0 record. The next year, he was offered the position of Varsity Head Coach, which he held for the next 14 years. He has won several awards, including Tucson Citizen Coach of the Year (3 times), Arizona Daily Star Coach of the Year (2 times), and the Arizona Coaches Association Coach of the Year.

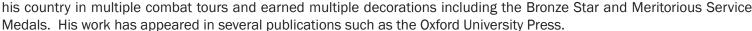


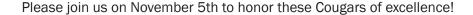
Outside of school, Jim has been active in archery organizations and served in a leadership capacity, helping to put on events like the Sunrise 3-D Shootout, which provides employment for the Apache Ski Resort employees who would otherwise lack that employment opportunity during the off-season.

Lieutenant Colonel Marc Vielledent, class of 2001

While at Sahuaro, Marc excelled in academics and athletics - he earned the 2001 Wendy's High School Heisman Award for the State of Arizona, was an active member of the National Honor Society, and played on the 2000 and 2001 state championship teams for Boys' Basketball. Marc went on to play D1 basketball for West Point and went on to support the team as the Army Graduate Assistant.

Marc holds a Bachelor's Degree in Pre-law from the United States Military Academy at West Point, a Master's degree in Strategic Public Relations from the University of Southern California, and he recently earned his doctorate in Mass Communication from the University of Florida. He has served







You are invited to catch up and reminisce during two special events:

Saturday, October 22

Hors d'oeuvres and drinks, Saturday, October 22, 2022, 6-9pm at Culinary Dropout (tickets at https://myevent.com/SHS02reunion)

Sunday, October 23, 2022

Family friendly picnic, Sunday, October 23, 2022, 10am to 2pm, at Udall Park, Ramada 4 (free, non-ticketed event; bring your own picnic lunch and drinks; sharable items welcome)

"When is our reunion?"

As a service to our alumni, the Cougar Foundation is pleased to link to reunion information and host pages when necessary.

Visit https://www.sahuarocougars.org/reunions/ to find your class - if we're missing some, please let us know!





Hall of Fame Breakfast

The Sahuaro High Cougar Foundation cordially invites Cougar Alumni, Faculty, Parents, Students, and Friends to attend the Annual Breakfast and Hall of Fame Induction:

Saturday, November 5, 2022

at Sahuaro High School, 545 North Camino Seco Tucson, Arizona 85710 Registration will take place at the front gate at 8:30am, with the program starting at 9:00am









Join us as we honor:

Ashley Nowe '01 Bill Hanson '77 Coach Jim Scott Lieutenant Colonel Marc Vielledent '01

Cost:

\$300 for a table of 10 - a savings of \$50 (\$100 is tax deductible) \$25 for Cougar Hall of Fame Members (\$5 is tax deductible) \$20 for Alumni celebrating a reunion this year (includes membership) FREE admission for children age 5 and younger \$35 for an adult admission (\$15 is tax deductible) \$20 for Current Faculty & Staff (includes membership) \$15 for children 6-18

NAME:ADDRESS:			
PHONE:		EMAIL:	
Ticket Purchases		,,,,,,,,,,,	
Table of 10:	x \$300 =	_	Please list names of other attendees in your party:
Adult Admissions:	x \$35 =	_	
Hall of Fame Members:	x \$25 =	_	
Current Faculty/Staff:	x \$20 =	_	
Alumni (reunion year)	x \$20 =	_	
Children 6 -18:	x \$15 =		
Children under 6 (free):			
2022 Foundation Dues (optional))		
Individual Dues:	x \$15 =	_	
Family Dues:	x \$25 =	-	
Message for the program		<u> </u>	
Personal Message	x \$25 =	= :	lease enter your custom message for the program below:
Donations (optional)			lease effer your custom message for the program below.
Donation amount			
Total Amount Enclosed			
Checks and Cash Accep	oted, or register with cr	edit card online	at sahuarocougars.org/hall-of-fame-breakfast/
Name on Card:			
Card Number:		 CSC #	Expiration

Mail registration to: Sahuaro Cougar Foundation, PO Box 18181 Tucson, AZ 85731 For additional information call: 520-247-0336 RSVP DEADLINE IS OCTOBER 22, 2022

Fall 2022 Athletics Schedule

Varsity Football

08/24	@ Ironwood Ridge (scrim)
09/02	vs Seton High
09/09	@ Sabino
09/23	vs Nogales
09/30	vs Thatcher
10/07	@ Buena
10/14	@ Walden Grove
10/21	@ Amphitheater
10/28	vs Sahuarita
11/04	vs Catalina Foothills
11/10	@ Rio Rico

ALL GAMES ARE AT 6:00 PM

Junior Varsity Football

09/21	@ Nogales
09/29	@ E. AZ College/Thatcher
10/06	vs Buena
10/13	vs Walden Grove
10/20	vs Amphitheater

ALL GAMES ARE AT 6:00 PM

FR/SO Football

09/08	@ Sabino
09/21	vs Nogales
10/28	vs Thatcher
10/06	@ Buena
10/13	@ Walden Grove
10/20	@ Amphitheater
10/27	vs Sahuarita
11/03	vs Catalina Foothills

11/09 @ Rio Rico

ALL GAMES ARE AT 6:00 PM

Varsity Cross Country

	, ,
09/07	@ Thomas Jay Park
09/14	@ Reid Park
09/21	Lakeside Park (home)
09/28	@ Kennedy Park
10/05	Lakeside Park (home)
10/19	Lakeside Park (home)

ALL MEETS ARE AT 4:30 PM

Girls Volleyball

(08/22	vs Desert Christian (Scrim)	
(08/29	vs Nogales	
(09/01	@ Sabino	
(09/07	vs Buena	
(09/08	vs Sahuarita	
(09/14	vs Salpointe	
(09/15	vs Amphitheater	
(09/21	vs Palo Verde	
(09/22	@ Empire	
(09/28	@ Cholla	
(09/29	vs Tanque Verde	
:	10/03	vs Pueblo	
:	10/04	@ Flowing wells	
:	10/05	vs Sunnyside	
:	10/06	vs Canyon Del Oro	
:	10/19	@ Pueblo	
:	10/20	vs Flowing Wells	
:	10/25	@ Canyon Del Oro	
:	10/27	@ Salpointe Catholic	
	ALL VOLLEYBALL GAMES ARE:		

ALL VOLLEYBALL GAMES ARE: 4p FR/SO 5p JV 6p Varsity

Varsity Swim Team

09/01	Udall Park (home)
09/08	@ Flowing Wells HS
09/15	@ Catalina Magnet HS
09/22	Udall Park (home)
09/29	@ Oro Valley Mun. Pool
10/06	Udall Park (home)
10/20	Udall Park (home)

ALL MEETS ARE AT 4:00

Girls Golf Team

08/22	@ walden Grove HS
08/29	Rolling Hills CC (home)
09/07	@ El Rio CC
09/12	Rolling Hills CC (home)
09/14	@ El Conquistador CC
09/28	Rolling Hills CC (home)
10/05	@ Rolling Hills CC
10/17	@ Haven CC

@ Wolden Crave HC

MATCH TIMES ARE AT 3:00PM

Boys Golf Team

08/16	Forty Niner CC	2:30p
08/23	@ Green Valley CC	3:00p
08/30	@ Fred Enke	3:00p
09/01	@ Tubac Golf Resort	3:00p
09/08	@ Fred Enke	3:00p
09/13	@ Silverbell GC	3:30p
09/15	Forty Niner CC	2:30p
09/20	@ Fred Enke	3:00p
09/27	@ Silverbell GC	3:00p

Come out and support our Cougar student-athletes!

Athletics teach students essential skills that they will use throughout their lives. The following are some of the most important.

Effort: Students learn to apply themselves to challenges and always do their best through sports.

Determination: It is the preparation you put into becoming a better player before the game is played that ultimately determines how well you will play.

Self-discipline: Self-discipline is the ability to maintain and carry out the role coaches have assigned you within a game plan.

Teamwork: Teamwork involves working with others to achieve a goal. A team is only successful when each individual fulfills their role.

Time management: This is the ability to fulfill all obligations to practice, homework, family, friends, extracurriculars, and more.

Source: ThoughtCo - The Increasingly Important Role of Athletics in Schools: Benefits of Student Athletics for Schools and Children at thoughtco.com